September 2020 Breakfast
Sentinel

KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Waffle with Toppings Scrambled Eggs Cereal Fruit Juice Milk	1 Biscuit and Sausage Gravy Cereal Fruit Juice Milk	2 Banana Split Parfait (Yogurt, Homemade Granola, Banana, Choc Chips, Cherry) Cereal Juice Milk	3 Pancake on a Stick Cereal Fruit Juice Milk	4 Cinnamon Roll Cereal Fruit Juice Milk
7 Labor Day	8 Yogurt Muffin Cereal Fruit Juice Milk	9 Chicken Biscuit Cereal Fruit Juice Milk	10 Breakfast Taco (Egg, Sausage, Cheese, Tater Tots) Cereal Fruit Juice Milk	11 French Toast Sticks Cereal Fruit Juice Milk
14 Pancake Sausage Patty Cereal Fruit Juice Milk	15 Scrambled Eggs Cinnamon Toast Cereal Fruit Juice Milk	16 Kolache (Ham & Cheese) Cereal Fruit Juice Milk	17 Biscuit and Sausage Gravy Cereal Fruit Juice Milk	18 Donut Cereal Fruit Juice Milk
21 Waffle Scrambled Eggs Cereal Fruit Juice Milk	22 Sausage Biscuit Cereal Fruit Juice Milk	23 Breakfast Pizza (Egg, Sausage, Cheese, Gravy) Cereal Fruit Juice Milk	24 Pancake on a Stick Cereal Fruit Juice Milk	25 Cinnamon Roll Cereal Fruit Juice Milk
28 Yogurt Muffin Cereal Fruit Juice Milk	29 Biscuit and Sausage Gravy Cereal Fruit Juice Milk	30 Breakfast Scramble (Egg, Sausage, Cheese & Tater Tots) Toast Cereal Fruit Juice Milk	1	2

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER