September 2020 Lunch
Sentinel

KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Cheeseburger Ruffles Baby Carrots Fruit Milk	1 Chicken Taquitos Refried Beans Chips and Salsa Fruit Milk	2 Pineapple Glazed Ham Loaded Mashed Potatoes Dinner Roll Fruit/Milk	3 Pizza Bar Caesar Salad Fruit Milk	4 Baked Potato Bar BBQ Chicken Breast Green Beans Dinner Roll Fruit Milk
7 Labor Day	8 Country Fried Steak Mashed Potatoes & Gravy Dinner Roll Fruit Milk	9 Pizza Pasta Garden Salad Breadstick Fruit Milk	10 BBQ Pulled Pork Baked Beans Coleslaw Dinner Roll Fruit Milk	11 Corn Dog Mac & Cheese Baby Carrots Chocolate Chip Cookie Fruit Milk
14 Spaghetti with Meat Sauce Breadstick Green Beans Fruit Milk	15 Nacho Bar(Chicken Queso, Beans) Chips and Salsa Fruit Milk	16 Scrambled Eggs Sausage Patty Pancake Breakfast Potatoes Fruit Milk	17 Calzone Marinara Sauce Italian Salad Baby Carrots Fruit Milk	18 Popcorn Chicken Mashed Potatoes & Gravy Dinner Roll Fruit Milk
21 Pig in a Blanket Mac and Cheese Green Beans Fruit Milk	22 Soft Beef Taco Refried Bean Dip Fritos Fruit Milk	23 Breaded Chicken Sandwich Chips Baby Carrots Fruit Milk	24 Hamburger Steak Mashed Potatoes and Brown Gravy Dinner Roll Fruit Milk	25 Italian Chicken Sub Marinara Sauce Caesar Salad Fruit Milk
28 Chicken Spaghetti Breadstick Green Beans Fruit Milk	29 Beef & Bean Enchiladas Chili Beans Chips & Salsa Fruit Milk	30 Pizza Round Garden Salad Fruit Milk	1	2

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER