October 2020 Breakfast
Grab N Go
Sentinel

KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Yogurt Muffin or UBR Bar Fruit Juice Milk	29 Sausage Biscuit or Pop Tarts Fruit Juice Milk	30 Breakfast Taco (Sausage, Egg, Cheese & Tater Tots) or Granola Bar Fruit Juice Milk	1 Pancake on a Stick Or Pop Tarts Fruit Juice Milk	2 French Toast Sticks Or UBR Bar Fruit Juice Milk
5 Pancake Minis Or UBR Bar Fruit Juice Milk	6 Muffin Cheese Stick Or Pop Tarts Fruit Juice Milk	7 Yogurt Parfait Or Granola Bar Fruit Juice Milk	8 Sausage Biscuit Or Pop Tarts Fruit Juice Milk	9 Donut Or UBR Bar Fruit Juice Milk
12 Pancake on a Stick Or UBR Bar Fruit Juice Milk	13 Breakfast Taco (Egg, Sausage, Cheese, Tater Tots) Or Pop Tarts Fruit Juice Milk	14 Fall Break	15 Fall Break	16 Fall Break
19 Yogurt Muffin Or UBR Bar Fruit Juice Milk	20 Sausage Biscuit Or Pop Tarts Fruit Juice Milk	21 Kolache (Ham & Cheese) Or Granola Bar Fruit Juice Milk	22 Breakfast Burrito Or Pop Tarts Fruit Juice Milk	23 French Toast Sticks Or UBR Bar Fruit Juice Milk
26 Pancake on a Stick Or UBR Bar Fruit Juice Milk	27 Sausage Biscuit Or Pop Tarts Fruit Juice Milk	28 Fruit Pizza (Yogurt, Fruit & Crust) Or Granola Bar Fruit Juice Milk	29 Breakfast Taco Or Pop Tarts Fruit Juice Milk	30 Donut Or UBR Bar Fruit Juice Milk

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER